



Presentation Information

Presentation Category	Emotional/Survivalist Mindset
Presentation Title	Law Enforcement Trauma: Are You Prepared?
Presentation Length	120 Minutes
Presentation Objective	To prepare students with strategies designed to overcome the negative effects of law enforcement trauma. A personal case study is offered as well as researched material outside sources
Presentation Description	Law enforcement officers across the United States receive training in a wide variety of topics. However, how many law enforcement officers receive in-depth training to prepare them for the traumas they will face? This presentation consists of a personal case study in which the speaker was shot while investigating a domestic disturbance. During the incident, a female was also killed. The presentation contains crime scene photos and video, original 911 call and radio traffic, and researched information and material from various
	experts. The goal of the presentation is to use the speaker's personal incident, as well as the researched information, to help students understand the physical, psychological, and mental effects of law enforcement trauma. Specific attention is given to explaining what trauma is and how to help those currently

suffering from its effects. Strategies are also given to help
prepare for and overcome trauma when and after it occurs.
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Captain May began his law enforcement career with the Nash
County (NC) Sheriff's Office on July 1, 1996. He worked with
the sheriff's office as a patrol deputy until January of 2000
when he was hired by the Wake Forest Police Department.
Prior to being promoted to captain, all of Captain May's duties
and assignments were on the Patrol Division. He served on the
department's Tactical Service Unit for eight years and
supervised the Canine Unit, in an administrative capacity, for
three years as a lieutenant. In 2004, Captain May founded the
Wake Forest Police Department Explorer Post 401 and served
as the Post Advisor until 2007.
Captain May received his Bachelor of Arts in Justice and Public
Policy from North Carolina Wesleyan College and is a graduate
of the 242nd Session of the FBI National Academy. He is
currently assigned to the Patrol Division.