



# SPEAKERS BUREAU



## Presentation Information

Presentation Category	Officer Fitness, Safety & Wellness
Presentation Title	Officer Health, Wellness and Fitness
Presentation Length	Customizable from 120 Minutes to 2 Days
Presentation Objective	To provide knowledge on essential health, fitness and nutritional information
Presentation Description	This presentation provides cutting edge information on the topic of officer wellness to include essential health, fitness and nutritional information
Speaker Name & Session	Steve Petrilli, Jr., NA Session 264
Speaker Phone Number	309-262-2489
Speaker Email	spetrilli@normal.org
Speaker's Biography	Steve Petrilli has been with the Normal Police Department for almost 20 years and is currently the Assistant Chief of Operations. He has been a recruiter, FTO, SWAT Operator and K-9 handler. Steve has held supervisory roles in Patrol, VICE, SWAT, Pro-Active Gang Crimes Unit and for the Town of Normal Employee Wellness Committee. He is a graduate of Illinois State University (B.S.), Northwestern Police Staff and Command and the FBI National Academy Session #264. Steve is a former college athlete, a CF-L1 Trainer, and has successfully completed L-1 Power Athlete Methodology Training, CrossFit Law Enforcement Application Specialty Training and Lee Taft Speed School. Steve is currently is a S&C coach at The Athlete Factory in Bloomington, Illinois. Steve is also the owner of First Responder Health and Wellness LLC.

