SPEAKERS BUREAU

Presentation Information

Presentation Category	Miscellaneous Topics
Presentation Title	Survival Mindset - Recognition and Avoidance of Violent Encounters
Presentation Length	120 Minutes
Presentation Objective	Upon completion of this course, participants will have acquired skills that are essential in incorporating personal safety measures into their daily lives through the transformation of their everyday behaviors. Learn how to recognize potentially dangerous situations and how to avoid them through this dynamic interactive training seminar.
Presentation Description	The material contained in this presentation is particularly illustrative of the dangers of inattention to potential threats in situations where people tend to be complacent or distracted and offers excellent opportunities to teach specific, potentially life-saving behaviors in response to those threats. The course is intended for adults of all ages, including * teens age 15 and up and incorporates lectures, PowerPoint, video and demonstration. The techniques do not involve strength training, but rather mental preparedness and avoidance techniques. The presentation is designed to provide factual information on actual cases of violent crimes. Simulations of violent activity and/or behavior that may occur in situations are also included. The information is designed to be accurate and authoritative regarding the subject matter. Survival Mindset - Recognition and Avoidance of Violent Encounters highlights the dangers of complacency in high-risk situations and effectively teaches specific, potentially life-saving response behaviors.

	What We Teach: Filing a “Flight Plan,” the power of having a plan Trusting your gut instincts – Sensing the warning signs Self-defense demonstrations and techniques- When things don’t go as planned Where is my “Safety Zone?” Mastering the “Fatal Funnel” (Ideal for: Adults of all ages both sworn and civilian (ages15 +), non-profit organizations, community groups, corporate training, colleges & universities, field professionals, healthcare and home healthcare professionals.)
Speaker Name & Session	Donna Kinsey, NA Session 222
Speaker Phone Number	786-255-6054
Speaker Email	donna@trainingenhancementcenter.com https://www.linkedin.com/in/donna-kinsey/
Speaker’s Biography	Major Donna Kinsey is a retired law enforcement officer with over 30 years of experience in training and program development. She is the founder and president of TEC III, Training Enhancement Center. Recently featured as a cover story on July 26th, 2025, issue of Conglomerate Magazine, she continues to offer comprehensive training to public and private organizations across the country. https://conglomeratemagazine.com/the-guardian-trainer-donna-kinseys-journey-from-police-major-to-national-safety-advocate/#flipbook-df_3280/1/ Major Kinsey was the first woman in her department to attend the FBI National Academy (session #222). During her career she headed up the Department’s Training Division and was appointed Firearms Range Master, managing qualifications and training for all sworn members of the department. With certifications as a High Liability Training Instructor, she developed and implemented the Department’s Law Enforcement Response to Active Shooter protocol. While serving in the Career Development Unit, she established the Department's first professional hiring standards and was editor and feature writer of the Departments Annual Report.

	Honors and recognitions include the FBI Women in Law Enforcement Leadership Award and recognition as a three-time recipient of the Department's top honor, the Administrative Excellence Award. Major Kinsey holds a bachelor's degree in organizational leadership from St. Thomas University, Miami, Florida, and a master's degree in public administration from Barry University, graduating summa cum laude from both institutions. As an instructor for Calibre Press, she has trained hundreds of command-level professionals. She is the founder and CEO of TEC III, LLC - Training Enhancement Center, a company that provides executive leadership training and other specialized instruction to public and private organizations. Visit my website www.trainingenhancementcenter.com to learn more about her executive leadership training programs including those designed exclusively for women, (See Organizational Goals and Stress-free Fundamentals for Women), also part of the FBINA Speakers Bureau. Donna's programs have been presented at numerous public and private organizations across the country and at FBI National Academy state and national conferences. Featured in: Conglomerate Magazine, (Exclusive Cover Article July 2025) , Crisis Capable: Building Your Capacity to Survive and Succeed in Ever Environment, by Fabiana Lacerca-Allen (Author), Calibre Press, FBI National Academy Magazine, "Extraordinary Members," and Hispanic Executive Magazine. https://conglomeratemagazine.com/transforming-three-decades-of-law-enforcement-experience-into-life-saving-training-programs/ https://aravo.com/blog/managing-through-crisis-lessons-learned-from-the-street-to-the-c-suite/ https://hispanicexecutive.com/self-defense-white-paper/